

Market Applicability							
Market	DC	GA	KY	MD	NJ	NY	WA
Applicable	X	X	X	X	X	X	X

## Blood Glucose Test Strips and Monitors Step Therapy

Override(s)	Approval Duration
Prior Authorization Quantity Limit	1 year

\*Florida Medicaid – See State Specific Mandates below

\*Indiana Medicaid – See State Specific Mandates below

Medications – Blood Glucose Test Strips	Quantity Limit
Blood Glucose Test Strips <ul style="list-style-type: none"> <li>True Metrix Test Strip is preferred</li> </ul>	Subject to Quantity Limits as listed below
<p>Quantity Limit per 30 days:</p> <ul style="list-style-type: none"> <li>150 (or 153 for Accu-Check Compact) test strips per 30 days for the following: <ul style="list-style-type: none"> <li>Individuals 18 years of age or older using insulin; <b>OR</b></li> <li>Individuals is pregnant</li> </ul> </li> <li>200 (or 204 for Accu-Check Compact) test strips per 30 days for the following: <ul style="list-style-type: none"> <li>Individuals who are 17 years of age or younger</li> <li>For FL MMA: 200 (or 204 for Accu-Check Compact) test strips per 30 days for all members</li> </ul> </li> <li>50 (or 51 for Accu-Check Compact) test strips per 30 days for the following: <ul style="list-style-type: none"> <li>All other individuals</li> </ul> </li> </ul> <p>Requests for a greater amount of test strips than allotted per 30 days may be approved if:</p> <ol style="list-style-type: none"> <li>The individual is using insulin and the physician or diabetes educator has indicated that the individual requires greater number of test strips per 30 days.</li> </ol>	
Medications – Blood Glucose Monitors	Quantity Limit
Blood Glucose Monitors <ul style="list-style-type: none"> <li>True Metrix Monitor is preferred</li> </ul>	N/A

### APPROVAL CRITERIA

Requests for non-preferred blood glucose monitors and tests strips may be approved when the following criteria are met:

- Individual has tried the preferred blood glucose test strips (True Metrix) or monitor (True Metrix); **AND**
- Individual unable to use the preferred test strips or monitor for any of the following reasons:
  - Individual has a manual dexterity impairment; **OR**

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B. Individual has visual impairments; **AND**

III. Documentation has been provided for why the non-preferred test strip/monitor is clinically necessary;

**OR**

IV. Individual utilizes an insulin pump that requires a specific blood glucose testing monitor for communication between devices; **AND**

V. Documentation is provided regarding the specific insulin pump/non-preferred glucometer combination required.

State Specific Mandates		
All Markets except Indiana	Test strips	TRUE METRIX 100 count blood glucose test strips <b>NDC: 56151-1460-01</b> TRUE METRIX 50 count blood glucose test strips <b>NDC: 56151-1460-04</b>
FL MMA	Test Strips	Quantity Limit per 30 days: <ul style="list-style-type: none"> <li>200 Strips (or 204 for Accu-Check Compact)</li> </ul> Requests for a greater amount of test strips than allotted per 30 days may be approved if: <ol style="list-style-type: none"> <li>The individual is using insulin and the physician or diabetes educator has indicated that the individual requires greater number of test strips per 30 days.</li> </ol>
Indiana MCD	Test Strips	<ul style="list-style-type: none"> <li>Roche <ul style="list-style-type: none"> <li>Accu-Chek Aviva Plus Test Strips (NDC: 65702-0407-10)</li> <li>Accu-Chek Aviva Plus Test Strips (NDC: 65702-0408-10)</li> <li>Accu-Chek Guide Retail Test Strips (NDC: 65702-0711-10) – Pkg. Count 50</li> <li>Accu-Chek Guide Retail Test Strips (NDC: 65702-0712-10) – Pkg. Count 100 – effective 7/1/2018</li> <li>Accu-Chek SmartView Test Strips (for Nano) (NDC: 65702-0492-10)</li> <li>Accu-Chek SmartView Test Strips (for Nano) (NDC: 65702-0493-10)</li> </ul> </li> <li>Trividia</li> </ul>

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		<ul style="list-style-type: none"> <li>○ TRUE METRIX Test Strips (NDC: 56151-1460-04)</li> <li>○ TRUE METRIX Test Strips (NDC: 56151-1460-01)</li> <li>● Abbott <ul style="list-style-type: none"> <li>○ FreeStyle InsuLinx Test Strips (Retail) (NDC: 99073-0712-31)</li> <li>○ FreeStyle Lite Test Strips (Retail) (NDC: 99073-0708-22)</li> <li>○ FreeStyle Test Strips (Retail) (NDC: 99073-0120-50)</li> <li>○ FreeStyle InsuLinx Test Strips (Retail) (NDC: 99073-0712-27)</li> <li>○ FreeStyle Lite Test Strips (Retail) (NDC: 99073-0708-27)</li> <li>○ FreeStyle Test Strips (Retail) (NDC: 99073-0121-01)</li> </ul> </li> </ul>
Indiana MCD	Monitors	<ul style="list-style-type: none"> <li>● Roche <ul style="list-style-type: none"> <li>○ Accu-Chek Aviva Care Kit (NDC: 65702-0101-10)</li> <li>○ Accu-Chek Guide Retail Care Kit (NDC: 65702-0617-10)</li> <li>○ Accu-Chek Aviva Plus Retail Care Kit (NDC: 65702-0723-10)</li> <li>○ Accu-Chek Guide Retail Care Kit (NDC: 65701-0729-10)</li> <li>○ Accu-Chek Nano SmartView Care Kit (NDC: 65702-0483-10)</li> </ul> </li> <li>● Trividia <ul style="list-style-type: none"> <li>○ TRUE METRIX Self-Monitoring Blood Glucose System (NDC: 56151-1470-02)</li> <li>○ TRUE METRIX AIR Self-Monitoring Blood Glucose System with Blue Tooth (NDC: 56151-1490-02)</li> </ul> </li> <li>● Abbott <ul style="list-style-type: none"> <li>○ FreeStyle InsuLinx Meter (NDC: 99073-0711-43)</li> <li>○ FreeStyle Lite Meter (NDC: 99073-0708-05)</li> <li>○ FreeStyle Freedom Lite Meter (NDC: 99073-0709-14)</li> </ul> </li> </ul>

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**Key References:**

1. Clinical Pharmacology [database online]. Tampa, FL: Gold Standard, Inc.: 2019. URL: <http://www.clinicalpharmacology.com>. Updated periodically.
2. DailyMed. Package inserts. U.S. National Library of Medicine, National Institutes of Health website. <http://dailymed.nlm.nih.gov/dailymed/about.cfm>. Accessed: October 1, 2019.
3. DrugPoints® System [electronic version]. Truven Health Analytics, Greenwood Village, CO. Updated periodically.
4. Lexi-Comp ONLINE™ with AHFS™, Hudson, Ohio: Lexi-Comp, Inc.; 2019; Updated periodically.
5. American Diabetes Association. 6. Glycemic targets: Standards of Medical Care in Diabetes - 2018. *Diabetes Care* 2018; 41(Suppl. 1):S55–S64.
6. American Association of Clinical Endocrinologists (AACE). Medical guidelines for clinical practice for developing a diabetes mellitus comprehensive care plan. *Endocr Pract.* 2015; 21(suppl 1):1-87.
7. DiMeglio LA, Acerini CL, Codner E, et al. ISPAD Clinical Practice Consensus Guidelines 2018: Glycemic control targets and glucose monitoring for children, adolescents, and young adults with diabetes. *Pediatric Diabetes* 2018; 19 (Suppl. 27):105-114.

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