

Market Applicability							
Market	DC	GA	KY	MD	NJ	NY	WA
Applicable	X	X	X	X	X	X	NA

Interferons for Multiple Sclerosis (MS)

Override(s)	Approval Duration
Prior Authorization Quantity Limit	1 year

Medications	Comments	Quantity Limit
Avonex (interferon beta-1a)	Preferred	May be subject to quantity limit
Betaseron (interferon beta-1b)		
Extavia (interferon beta-1b)		
Rebif (interferon beta-1a)		
Plegridy (interferon beta-1a)	Non-Preferred	

APPROVAL CRITERIA

Requests for beta interferons [Avonex, Rebif (interferon beta-1a)] or [Betaseron, Extavia (interferon beta-1b)] may be approved if the following criteria are met:

- I. Individual has a diagnosis of relapsing multiple sclerosis (RMS) (including clinically isolated syndrome, relapsing-remitting disease or active secondary progressive disease).

Requests for Plegridy (interferon beta-1a) may be approved if the following criteria are met:

- I. Individual has a diagnosis of relapsing multiple sclerosis (RMS) (including clinically isolated syndrome, relapsing-remitting disease or active secondary progressive disease);

AND

- II. Individual has been on Plegridy (interferon beta-1a) OR has had a trial and inadequate response or intolerance to one of the following:
 - A. Avonex (interferon beta-1a); **OR**
 - B. Rebif (interferon beta-1a); **OR**
 - C. Betaseron (interferon beta-1b); **OR**
 - D. Extavia (interferon beta1-1b); **OR**
 - E. Tecfidera (dimethyl fumarate); **OR**
 - F. Glatopa (glatiramer); **OR**
 - G. glatiramer.

Beta Interferons [Avonex, Plegridy, Rebif (interferon beta-1a)] or [Betaseron, Extavia (interferon beta-1b)]
CRX-ALL-0573-20

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This policy does not apply to health plans or member categories that do not have pharmacy benefits, nor does it apply to Medicare. Note that market specific restrictions or transition-of-care benefit limitations may apply.

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1b)] may not be approved for the following:

- I. All other indications not included above; **OR**
- II. Individual is using to treat primary progressive multiple sclerosis (PPMS); **OR**
- III. Individual is using to treat non-active secondary progressive multiple sclerosis; **OR**
- IV. Concurrent use with other MS disease modifying agents (including Aubagio, Avonex, Betaseron, Copaxone/Glatiramer/Glatopa, Extavia, Gilenya, Lemtrada, Mavenclad, Mayzent, Ocrevus, Plegridy, Rebif, Tecfidera and Tysabri).

Key References:

1. DailyMed. Package inserts. U.S. National Library of Medicine, National Institutes of Health website. <http://dailymed.nlm.nih.gov/dailymed/about.cfm>. Accessed: July 21, 2019.
2. DrugPoints® System [electronic version]. Truven Health Analytics, Greenwood Village, CO. Updated periodically.
3. Lexi-Comp ONLINE™ with AHFS™, Hudson, Ohio: Lexi-Comp, Inc.; 2019; Updated periodically.
4. Olek MJ, Howard J. Clinical presentation, course and prognosis of multiple sclerosis in adults. Last updated: June 11, 2019. In: UpToDate, Post TW (Ed), UpToDate, Waltham, MA. Accessed: July 20, 2019.
5. Rae-Grant A, Day GS, Marrie RA, et al. Practice guideline recommendations summary: Disease-modifying therapies for adults with multiple sclerosis. Report of the Guideline Development, Dissemination, and Implementation Subcommittee of the American Academy of Neurology. *Neurology*. 2018; 90: 777-788. Available from <https://www.aan.com/Guidelines/home/GuidelineDetail/898>. Accessed: July 20, 2019.