

Market Applicability						
Market	GA	KY	MD	NJ	NY	WA
Applicable	X	X	X	X	X	X

Non-Preferred Skeletal Muscle Relaxants Step Therapy

Override(s)	Approval Duration
Prior Authorization Quantity Limit	1 year

Medications	Comments	Quantity Limit
tizanidine tablet carisoprodol carisoprodol/aspirin carisoprodol compound chlorzoxazone 500mg cyclobenzaprine (5mg and 10mg) methocarbamol tablet orphenadrine citrate ER tablet	Preferred	May be subject to quantity limit
brand AND generic Amrix (cyclobenzaprine ER 15mg and 30mg) Fexmid brand AND generic Lorzone (chlorzoxazone 375mg and 750mg) chlorzoxazone 250mg metaxalone brand Parafon Forte DSC brand Robaxin tablet brand AND generic Skelaxin (metaxalone) brand Soma brand Zanaflex capsule/tablet cyclobenzaprine (7.5mg) generic tizanidine capsule orphengesic forte 50-770-60 mg	Non- Preferred	

APPROVAL CRITERIA

CRX-ALL-0596-20

This policy does not apply to health plans or member categories that do not have pharmacy benefits, nor does it apply to Medicare. Note that market specific restrictions or transition-of-care benefit limitations may apply.

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Requests for a non-preferred skeletal muscle relaxant may be approved when the following criterion is met:

- I. Individual has had a trial (medication samples/coupons/discount cards are excluded from consideration as a trial) and inadequate response or intolerance to two preferred skeletal muscle relaxants.

Preferred agents: tizanidine tablet, carisoprodol, carisoprodol/aspirin, carisoprodol compound, chlorzoxazone 500mg, cyclobenzaprine (5mg and 10mg), methocarbamol tablet, orphenadrine citrate ER tablet.

Non-preferred agents: brand and generic Amrix (cyclobenzaprine ER), Fexmid, brand and generic Lorzone (chlorzoxazone), chlorzoxazone 250mg, metaxalone, brand Parafon Forte DSC, brand Robaxin tablet, brand and generic Skelaxin (metaxalone), brand Soma, brand Zanaflex capsule/tablet, cyclobenzaprine (7.5mg), generic tizanidine capsule, orphenesic forte 50-770-60 mg.

Key References:

1. Clinical Pharmacology [database online]. Tampa, FL: Gold Standard, Inc.: 2020. URL: <http://www.clinicalpharmacology.com>. Updated periodically.
2. DailyMed. Package inserts. U.S. National Library of Medicine, National Institutes of Health website. <http://dailymed.nlm.nih.gov/dailymed/about.cfm>.
3. DrugPoints® System [electronic version]. Truven Health Analytics, Greenwood Village, CO. Updated periodically.
4. Lexi-Comp ONLINE™ with AHFS™, Hudson, Ohio: Lexi-Comp, Inc.; 2020; Updated periodically.

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