

Market Applicability							
Market	DC	GA	KY	MD	NJ	NY	WA
Applicable	X	X	X	NA	X	X	NA

## Non-Preferred Selective Serotonin Reuptake Inhibitors (SSRIs) Step Therapy

Override(s)	Approval Duration
Step Therapy Quantity Limit	1 year

Medications	Quantity Limit
Fluoxetine 60mg tablet	May be subject to quantity limits
Fluvoxamine maleate ER capsule	
Paxil suspension	
Pexeva	
Trintellix	
Viibryd	

### APPROVAL CRITERIA

Requests for non-preferred SSRIs may be approved based on the following criteria:

- I. Individual has had a trial (medication samples/coupons/discount cards are excluded from consideration as a trial) of and inadequate response or intolerance to two preferred agents [amitriptyline HCl, amoxapine, bupropion HCl, citalopram hydrobromide, clomipramine HCl, desipramine HCl, doxepin HCl, escitalopram oxalate, fluoxetine HCl, except 60mg tablets, fluvoxamine maleate tablet, imipramine HCl, imipramine pamoate, maprotiline HCl, mirtazapine, nefazodone HCl, nortriptyline HCl, paroxetine HCl, paroxetine ER, paroxetine CR, phenelzine sulfate, protriptyline HCl, sertraline HCl, tranylcypromine sulfate, trazodone HCl, trimipramine maleate, venlafaxine HCl, venlafaxine ER].

### Key References:

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New Program Date 07/02/2018

This policy does not apply to health plans or member categories that do not have pharmacy benefits, nor does it apply to Medicare. Note that market specific restrictions or transition-of-care benefit limitations may apply.

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1. Clinical Pharmacology [database online]. Tampa, FL: Gold Standard, Inc.: 2020. URL: <http://www.clinicalpharmacology.com>. Updated periodically.
2. DailyMed. Package inserts. U.S. National Library of Medicine, National Institutes of Health website. <http://dailymed.nlm.nih.gov/dailymed/about.cfm>. Accessed: January 13, 2020.
3. DrugPoints® System [electronic version]. Truven Health Analytics, Greenwood Village, CO. Updated periodically. Lexi-Comp ONLINE™ with AHFS™, Hudson, Ohio: Lexi-Comp, Inc.; 2020; Updated periodically..

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