

Market Applicability															
Market	DC	FL & FHK	FL MMA	FL LTC	GA	KS	KY	LA	MD	NJ	NV	NY	TN	TX	WA
Applicable	X	X	NA	NA	X	NA	X	X	X	X	X	X	NA	NA	NA

*FHK- Florida Healthy Kids

Nuedexta (dextromethorphan hydrobromide and quinidine sulfate)

Override(s)	Approval Duration
Prior Authorization	1 year

Medications	
Nuedexta (dextromethorphan hydrobromide and quinidine sulfate)	May be subject to quantity limit

APPROVAL CRITERIA

Requests for Nuedexta (dextromethorphan hydrobromide and quinidine sulfate) may be approved if the following criteria are met:

- I. Individual is 18 years of age or older; **AND**
- II. Individual has a diagnosis of pseudobulbar affect (PBA); **AND**
- III. Individual has a concomitant diagnosis with an unrelated neurologic disease or injury [amyotrophic lateral sclerosis (AAN 2014; Piro et al. 2010), multiple sclerosis (AAN 2016; Piro et al, 2010), stroke (2016 AHA/ASA)].

Nuedexta (dextromethorphan hydrobromide/quinidine sulfate) may not be approved for the following:

- I. Concomitant use with any of the following:
 - A. Agents containing quinidine, quinine, or mefloquine; **OR**
 - B. Agents that both prolong the QT interval and are metabolized by CYP2D6 (for example, thioridazine, pimozide);
- OR**
- II. Concomitant monoamine oxidase inhibitor (MAOI) use or use in the preceding 14 days;

OR

This policy does not apply to health plans or member categories that do not have pharmacy benefits, nor does it apply to Medicare. Note that market specific restrictions or transition-of-care benefit limitations may apply.

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- III. Individual has any of the following cardiovascular conditions:
- A. Prolonged QT interval, congenital long QT syndrome, or history suggestive of torsades de pointes; **OR**
 - B. Heart failure; **OR**
 - C. Complete atrioventricular (AV) block without an implanted pacemaker or at high-risk of a complete AV block.

State Specific Mandates		
State name	Date effective	Mandate details (including specific bill if applicable)
N/A	N/A	N/A

Key References:

Clinical Pharmacology [database online]. Tampa, FL: Gold Standard, Inc.: 2017. URL: <http://www.clinicalpharmacology.com>. Updated periodically.

DailyMed. Package inserts. U.S. National Library of Medicine, National Institutes of Health website. <http://dailymed.nlm.nih.gov/dailymed/about.cfm>. Accessed January 30, 2017.

DrugPoints® System (electronic version). Truven Health Analytics, Greenwood Village, CO. Updated periodically.

Lexi-Comp ONLINE™ with AHFS™, Hudson, Ohio: Lexi-Comp, Inc.; 2017; Updated periodically.

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