



## Health Education Materials Request Form

If you would like health education materials, please complete the order form below and **email** to [healthed\\_ca\\_medicaid@anthem.com](mailto:healthed_ca_medicaid@anthem.com) or **fax** to **ATTENTION: Health Promotion Consultant** at: **Northern region: 1-916-859-0410; Central region: 1-559-432-2420; Southern region: 1-818-240-1206.**

Provider information — Please print clearly.			
Doctor's name		Clinic name	
Requestor's name		Address, city, ZIP	
Phone number		Email (optional)	

### Guidelines for ordering:

- You may order up to a maximum of **four topics** each month. You will receive 50 of each language per topic. Please allow 3 to 6 weeks for processing and delivery.
- All topics are available in English and Spanish. Please mark English and/or Spanish.
- Other languages and alternative formats are available through on-demand interpreter services. Please contact your region's Health Education department staff for more information.

Health category — Circle <i>prevention</i> or <i>management</i> where applicable.	English (X)	Spanish (X)
Age-specific anticipatory guidance		
Asthma (prevention or management)		
Breast health		
Breastfeeding		
Cervical cancer		
Complementary and alternative medicine		
Diabetes (prevention or management)		
Exercise		
Family planning		
Heart health		
HIV/STD prevention		
Hypertension		
Immunization		
Injury prevention		
Nutrition		
Obesity/weight management		
Parenting		
Perinatal/pregnancy		
Substance abuse		
Tobacco prevention and cessation		
Unintended pregnancy		
Request other topic(s) not listed:		

<https://mediproviders.anthem.com/ca>