

Weight Management Program Evaluation Form for Hoosier Care Connect Members

Anthem Blue Cross and Blue Shield (Anthem) providers can refer Hoosier Care Connect members 18 years of age or older with a BMI greater than 30% to the Weight Watchers® program in either one of the following ways:

- Complete this form and fax it to Anthem Case Management at **1-866-387-2959**.
- Call Anthem Case Management at **1-866-902-1690, option 2**.

Member information

Name (first, last): _____ Female Male

Medicaid recipient ID: _____

Date of birth: _____ Phone: _____

Street address: _____

City: _____ State: _____ ZIP code: _____

Preferred language: _____

Has the patient been enrolled in a weight management/exercise program before or made previous attempts at weight loss? No Yes

If yes, where or what type(s)? _____

How ready is the patient to make a lifestyle change? (1 = Not ready, 5 = Ready)

1 2 3 4 5

Comments: _____

Age: _____ Height: _____ Weight: _____

BMI: _____

Complication(s) and/or comorbidities No Yes (Please check all that apply.)

- | | | |
|--|--|--|
| <input type="checkbox"/> Arthritis | <input type="checkbox"/> Elevated cholesterol or triglycerides | <input type="checkbox"/> Hypertension |
| <input type="checkbox"/> Asthma | <input type="checkbox"/> Frequent headaches | <input type="checkbox"/> Pain in weight-bearing joints |
| <input type="checkbox"/> Back pain | <input type="checkbox"/> Gall bladder disease | <input type="checkbox"/> Shortness of breath |
| <input type="checkbox"/> Bladder incontinence | <input type="checkbox"/> Gastric reflux | <input type="checkbox"/> Sleep apnea |
| <input type="checkbox"/> Circulatory problems | <input type="checkbox"/> Hepatic steatosis | <input type="checkbox"/> Other (please specify): _____ |
| <input type="checkbox"/> Depression/mental disorder(s) | <input type="checkbox"/> High blood pressure | |
| <input type="checkbox"/> Diabetes | <input type="checkbox"/> Hyperlipidemia | |

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Printed name of referring provider: _____

Signature: _____

Date: _____

Provider phone number: _____

Program qualification (completed by Anthem health care management):

- Based on qualification criteria, patient does not qualify for enrollment in a weight management program.
- Based on qualification criteria, patient qualifies for enrollment in a weight management program.