

## MEDICAID PROVIDER BULLETIN

October 2017

### Physical and behavioral health: collaborating care

The Collaborative Care Model offers the best approach to integration in which PCPs, care managers and behavioral health care providers work together to provide care and monitor patient progress. Programs using this model have achieved improved clinical outcomes and reduced costs for a variety of mental health conditions. Long-term analyses have demonstrated that \$1 spent on collaborative care saves \$6.50 in health care costs. Care coordination, understanding goals and roles, effective communication, and shared decision-making all contribute to a successful medical home. We all have to do our part, so join Anthem Blue Cross and Blue Shield Medicaid to collaborate care and help our members get effective and efficient integrated care.

The information in this bulletin may be an update or change to your provider manual. Find the most current manual at:

**<https://mediproviders.anthem.com/ky>**

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