

MEDICAID PROVIDER BULLETIN

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Physical and behavioral health collaborative care

The integration of physical and mental health care is an important aspect of the collaborative care model, where primary care providers and behavioral health providers team up to provide clinically and cost-effective care for our members. Implementation of evidence-based collaborative care for Anthem Blue Cross and Blue Shield Medicaid could substantially improve mental and physical health outcomes, as well as the functioning, safety and well-being of the patient.

Key elements for coordinated care include the following:

- Providing ongoing communication and coordination between PCPs and specialty providers
- Screening for co-occurring disorders
- Providing referrals for assessment and treatment to PCPs or specialty providers
- Involving patients and caregivers in the development of patient-centered treatment plans
- Offering case management or disease management programs to support coordination among providers
- Document the coordination efforts among providers in the individual member's medical record

Join us in this collaborative effort so we can make Kentucky a leader in coordination of care.

“The Collaborative Care Model: An Approach for Integrating Physical and Mental Health Care in Medicaid Health Homes,” Retrieved from,

http://www.chcs.org/media/HH_IRC_Collaborative_Care_Model__052113_2.pdf.

<https://medproviders.anthem.com/ky>

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