

## HEDIS

HEDIS<sup>®</sup> is a set of standardized measures used to evaluate performance in the health care industry; it utilizes administrative claims data and medical chart reviews to determine scores.

### What does HEDIS mean to you?

Providers play a critical role in the outcome of HEDIS measures. This in turn helps our members develop healthy behaviors and become active participants in their care. Additionally, proper and thorough documentation in medical records as well as accurate claims coding for member encounters helps keep patients aligned with best practice guidelines and the National Committee for Quality Assurance standards.

To increase HEDIS scores as well as your pay for performance scores, we have listed some helpful tips below.

HEDIS measure:	Tip(s):
<b>Adult BMI Assessment (ABA)</b>	<ul style="list-style-type: none"> <li>• Be sure to capture BMI values/percentiles for patients.                             <ul style="list-style-type: none"> <li>○ For adults, document BMI values.</li> <li>○ For children and adolescents (up to 21 years of age), document BMI percentiles.</li> </ul> </li> </ul>
<b>Controlling Blood Pressure (CBP)</b>	<ul style="list-style-type: none"> <li>• For members who have a diagnosis of hypertension prior to June 30, document the patients' blood pressure.</li> </ul>
<b>Comprehensive Diabetes Care (CDC)</b>	<ul style="list-style-type: none"> <li>• The following must be completed at least once annually and documented appropriately:                             <ul style="list-style-type: none"> <li>○ Blood pressure</li> <li>○ Hemoglobin A1c testing</li> <li>○ Screening/treatment of nephropathy (urine test, treatment with an angiotensin converting enzyme inhibitor or angiotensin II receptor blocker, or a visit to a nephrologist)</li> <li>○ Retinal eye exam</li> </ul> </li> </ul>
<b>Cervical Cancer Screening (CCS)</b>	<ul style="list-style-type: none"> <li>• Assess all women 21 to 64 years of age for Papanicolaou (PAP) screenings.</li> <li>• Provide a cervical cytology every three years for women 21 to 64 years of age or provide cervical cytology and human papillomavirus cotesting every five years for women 30 to 64 years of age.</li> <li>• Acceptable documentation for this measure includes documentation from a doctor on the date/year of the PAP test and results or lab results in the member's chart.</li> <li>• If a hysterectomy must be documented, be sure to include the type of hysterectomy the patient received and the year.</li> <li>• Any contraindications must be clearly documented within the medical record.</li> </ul>

<https://mediproviders.anthem.com/ky>

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HEDIS measure:	Tip(s):
<b>Frequency of Prenatal Care (FPC)</b>	<ul style="list-style-type: none"> <li>• Track the occurrence and regularity of all prenatal care rendered.</li> <li>• Required documentation includes American Congress of Obstetricians and Gynecologists forms, lab results, and ultrasound testing.</li> <li>• Education provided to the patient should be clearly noted in the medical record and include a copy of the material(s).</li> </ul>
<b>Prenatal and Postpartum Care (PPC)</b>	<ul style="list-style-type: none"> <li>• Care in the first trimester and postpartum (between 21 to 56 days after delivery) are compulsory components for this measure.</li> </ul>
<b>Lead Screening in Children (LSC)*</b>	<ul style="list-style-type: none"> <li>• Assess children for lead poisoning by their second birthday.</li> <li>• Provide a report and document the lab results.</li> </ul>
<b>Childhood Immunization Status (CIS)*</b>	<ul style="list-style-type: none"> <li>• Immunization records should be updated and complete.</li> <li>• Note influenza and human papillomavirus (HPV) vaccinations in medical records.</li> <li>• Parental refusal and/or contraindications for any vaccinations should be clearly noted in medical records.</li> <li>• Childhood immunizations should be completed by the member's 2nd birthday.</li> </ul>
<b>Immunizations for Adolescents (IMA)*</b>	<ul style="list-style-type: none"> <li>• This measure determines the number of members who receive diphtheria, tetanus and pertussis, meningococcal, and HPV vaccines between the ages of 11 and 13.</li> <li>• Males and females should complete all adolescent vaccinations in this time period.</li> <li>• Parental refusal and/or contraindications for any vaccinations should be clearly noted in medical records.</li> </ul>
<b>Weight Assessment and Counseling for Nutrition and Activity for Children/Adolescents (WCC)*</b>	<ul style="list-style-type: none"> <li>• For members 3 to 17 years of age, the necessary components for this measure include height, weight and BMI percentile.</li> <li>• Additionally, there must be documentation of counseling for both physical activity and nutrition.</li> <li>• A simple checklist typically does not suffice; there must be evidence a discussion was held with the member/the member's parents.</li> </ul>
<b>Well-Child Visits in the First 15 months of Life (W15)</b>  <b>Well-Child Visits in the Third, Fourth, Fifth and Sixth Years of Life (W34)</b>  <b>Adolescent</b>	<ul style="list-style-type: none"> <li>• For each of these measures, there are five requirements, and documentation for all must be included in medical records: <ul style="list-style-type: none"> <li>○ Health history including allergies, medications and immunization records</li> <li>○ Physical exam</li> <li>○ Assessment of physical development (as appropriate per age)</li> <li>○ Assessment of mental development (as appropriate per age)</li> <li>○ Anticipatory guidance (directed at preventive health and</li> </ul> </li> </ul>

HEDIS measure:	Tip(s):
<b>Well-Care Visits (AWC)</b>	safety of the member) — Please note, this is not the same as health education provided for a specific diagnosis during a sick visit.
* If you need information or examples of complete documentation, please contact EPSDT Program Manager Mary Maupin by email at <a href="mailto:mary.maupin@anthem.com">mary.maupin@anthem.com</a> .	