Sleep Study Management Program for in Home Sleep Testing (HST)

A new Sleep Study Management Program for in Home Sleep Testing (HST) will become available on July 1, 2014. Medicaid patients suspected of having non-complicated Obstructive Sleep Apnea will have the ability to test at home using the AccuSom™ wireless HST device.

**NovaSom**

NovaSom Inc. is a participating provider in the Anthem Blue Cross and Blue Shield network as a vendor of home sleep tests and services. NovaSom provides telephonic clinical support, allowing for self-administered sleep studies in your patient’s home. This allows for enhanced comfort and test results more reflective of typical sleeping behaviors. All data is wirelessly transmitted from the AccuSom™ sleep testing device to the NovaSom secure portal during the testing process. Data is reviewed by sleep technicians to assure quality, and daily clinical telephonic support is provided to coach the patient throughout the testing process. Once the study is complete, a board certified sleep physician interprets the study and provides a report with treatment recommendations. The goal is to provide reports within 48 hours of study completion to the ordering physician.

**Treatment**

Many members who completed HST and were found to have Obstructive Sleep Apnea may not require CPAP titration. Members may benefit from Auto-titrating Positive Airway Pressure (APAP) therapy, allowing patients to continue their treatment at home without traditional CPAP titration. Preauthorization for CPAP/APAP will be required for the code: E0601.

**Preauthorization**

Anthem Blue Cross and Blue Shield requires preauthorization for all sleep studies, as well as verification of clinical appropriateness for using a lab versus home setting for Anthem Medicaid members. Preauthorization for all sleep tests are required for the following codes: 95782, 95783, 95800, 95801, 95806, 95807, 95808, 95810 and 95811. Once a home sleep test is preauthorized, we will contact the vendor to set up the home testing and send out the needed equipment to our member. To submit requests for preauthorization call 1-800-454-3730 or fax requests to 1-800-454-3730.

**Questions**

For questions regarding the procedure for home testing, call the NovaSom inside sales department at 1-877-753-3776.