

HEDIS® Measure Compliance Member Visit Guide (Rainbow Sheet)			
Date:	Name:	DOB:	Age:
Adults		Frequency	Order-√
Adult well-visit (20-64 years)		Every year	
Advance directives (18 years and older)		Every year	
Medication reconciliation		Every visit	Required for each visit
BMI value (20-64 years) BMI % for ages 18-19 Height/weight/BMI		Every visit	
Blood pressure (18 years and older) Retake if 140/90 and record all results		Every visit	
Preventive screening		Frequency	Order-√
Prostate cancer screening (men age 50-70 years) Digital rectal exam PSA blood test		Every year	
Chlamydia testing (16-24 years) Last date and result:		Every year	
Mammogram (40-74 years) Document history of bilateral mastectomy		Every 2 years	
HgA1c without diabetes diagnosis (45 years and older)		Every 3 years	
Colorectal screening (50-74 years)		Frequency	Order-√
Colonoscopy		Every 10 years	
iFOBT		Every year	
Cervical cancer screening (21-64 years)		Frequency	Order-√
Pap smear (women 21-64 years)		Every 3 years	
Pap and HPV co-testing (30-64 years) (reflex testing does not meet compliance) Document date and results of last Pap in medical record required		Every 5 years	
History of total abdominal hysterectomy? (If yes, documentation required in medical record)		Y N N/a	
Diabetes (18-75 years)		Frequency	Order-√
Hemoglobin A1c Required to have the date of testing and the result (May require more often depending on member results and provider preference)		Every year at minimum	
Renal function (attention to nephropathy) Urine testing/microalbumin or ACE/ARB medication		Every year at minimum	
Referral for retinal or dilated eye exam by an eye care provider Documentation of date of exam and result of exam for diabetic retinopathy or negative (Documentation of date, location and results must be in the medical record.)		Every year	

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<https://mediproviders.anthem.com/nv>

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Miscellaneous	Frequency	Order-√
<p>Treatment of low back pain Avoid unnecessary imaging within 28 days of onset unless deemed necessary:</p> <ul style="list-style-type: none"> • Conservative treatment with use of heat/ice • Use of non-narcotic pain relievers (Prednisolone, Dexamethasone, Prednisone, etc.) • Remaining active, stretching and avoiding bedrest 	<p>Assess patient to determine appropriate treatment</p>	
<p>Antidepressant medication management Patients who remain on an antidepressant for at least 6 months or 180 days Will require follow-up appointments q 3-6 weeks after initial treatment Discuss with and educate the patient about:</p> <ul style="list-style-type: none"> • The medication, expected length of treatment, how they will be monitored during continued treatment and common side effects. • Not to stop taking the medication when feeling better, which may cause a recurrence of symptoms. 	<p>Try and schedule 2 or more visits within 3-6 months to evaluate treatment</p>	
<p>Adult flu vaccine (18-64 years)</p>	<p>Every year</p>	