

## ***Medical Policies and Clinical Utilization Management Guidelines***

Attached is a list of the *Clinical UM Guidelines* and/or *Medical Policies* adopted for Anthem HealthKeepers Plus.

The full list of *Medical Policies* and *Clinical Utilization Management (UM) Guidelines* are publicly available on the [Medical Policy \(Coverage\) and Clinical UM Guideline subsidiary website](#). Their purpose is to help you provide quality care by reducing inappropriate use of medical resources.

InterQual<sup>®</sup> Criteria or MCG<sup>®</sup> care guidelines are used only for:

- Medical necessity review for medical inpatient concurrent review.
- Inpatient site of service appropriateness.
- Home health and outpatient rehabilitation.

Medicaid state contracts, regulatory guidance and CMS requirements supersede InterQual Criteria, MCG care guidelines and our *Medical Policy* criteria.

Note: We make determinations of medical necessity on a case-by-case basis in accordance with the definition of medical necessity. Please see *Medical Necessity Criteria Policy ADMIN.0004* for the definition.

If the request doesn't meet established criteria guidelines, it will be referred to the licensed physician reviewer with the appropriate clinical expertise.

## ***Clinical Utilization Management Guidelines***

The *Clinical Utilization Management (UM) Guidelines* below, which are applicable to Anthem HealthKeepers Plus members, were adopted by the medical operations committee for the Government Business Division effective April 19, 2018. Highlighted sections indicate a new guideline.

To view a full list of guidelines, visit  
<https://mediproviders.anthem.com/va/Pages/medical.aspx>.

<b>Guideline number</b>	<b><i>Clinical UM Guideline name/title</i></b>
CG-ADMIN-01	<i>Clinical UM Guideline for Pre-Payment Review Medical Necessity Determinations When No Other Clinical UM Guideline Exists</i>
CG-ADMIN-02	Clinically Equivalent Cost Effective Services — Targeted Immune Modulators
CG-ANC-04	Ambulance Services: Air and Water
CG-ANC-05	Ambulance Services: Ground; Emergent
CG-ANC-06	Ambulance Services: Ground; Nonemergent
CG-BEH-01	Assessment for Autism Spectrum Disorders and Retts Syndrome
CG-BEH-02	Adaptive Behavioral Treatment for Autism Spectrum Disorder
CG-BEH-03	Psychiatric Disorder Treatment
CG-BEH-04	Substance-Related and Addictive Disorder Treatment
CG-BEH-05	Eating and Feeding Disorder Treatment
CG-BEH-07	Psychological Testing
CG-BEH-09	Assertive Community Treatment
CG-BEH-10	Basic Skills Training/Social Skills Training
CG-BEH-11	Mental Health Support Services
CG-BEH-12	Psychosocial Rehabilitation Services
CG-BEH-13	Targeted Case Management
CG-BEH-14	Intensive In-Home Behavioral Health Services
<b>CG-BEH-15</b>	<b>Activity Therapy for Autism Spectrum Disorders and Retts Syndrome</b>
CG-DME-01	External (Portable) Continuous Insulin Infusion Pump
CG-DME-03	Neuromuscular Stimulation in the Treatment of Muscle Atrophy
CG-DME-05	Cervical Traction Devices for Home Use
CG-DME-07	Augmentative and Alternative Communication Devices/Speech Generating Devices
CG-DME-08	Infant Home Apnea Monitors
CG-DME-09	Continuous Local Delivery of Analgesia to Operative Sites using an Elastomeric Infusion Pump During the Postoperative Period
CG-DME-10	Durable Medical Equipment
CG-DME-12	Home Phototherapy Devices for Neonatal Hyperbilirubinemia
CG-DME-13	Lower Limb Prosthesis
CG-DME-15	Hospital Beds and Accessories
CG-DME-16	Pressure Reducing Support Systems Groups 1, 2 and 3
CG-DME-18	Home Oxygen Therapy
CG-DME-19	Therapeutic Shoes, Inserts or Modifications for Individuals with Diabetes
CG-DME-20	Orthopedic Footwear

<https://mediproviders.anthem.com/va>

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<b>Guideline number</b>	<b>Clinical UM Guideline name/title</b>
CG-DME-21	External Infusion Pumps for the Administration of Drugs in the Home or Residential Care Settings
CG-DME-22	Ankle-Foot & Knee-Ankle-Foot-Orthotics (Braces)
CG-DME-23	Lifting Devices for Use in the Home
CG-DME-24	Wheeled Mobility Devices: Manual Wheelchairs — Standard, Heavy Duty and Lightweight
CG-DME-25	Seat Lift Mechanisms
CG-DME-31	Wheeled Mobility Devices: Wheelchairs — Powered, Motorized, With or Without Power Seating Systems and Power Operated Vehicles
CG-DME-33	Wheeled Mobility Devices: Manual Wheelchairs — Ultra Lightweight
CG-DME-34	Wheeled Mobility Devices: Wheelchair Accessories
CG-DME-35	Breastfeeding Pumps
CG DME-36	Pediatric Gait Trainers
CG-DME-37	Air Conduction Hearing Aids
CG DME-38	Continuous Interstitial Glucose Monitoring
CG-DME-39	Dynamic Low-Load Prolonged-Duration Stretch
CG-DME-42	Nonimplantable Insulin Infusion and Blood Glucose Monitoring Devices
CG-DME-43	High Frequency Chest Compression Devices for Airway Clearance
CG-DRUG-01	Off-Label Drug and Approved Orphan Drug Use
CG-DRUG-03	Beta Interferons and Glatiramer Acetate for Treatment of Multiple Sclerosis
CG-DRUG-04	Use of Low Molecular Weight Heparin Therapy, Fondaparinux (Arixtra <sup>®</sup> ) and Direct Thrombin Inhibitors in the Outpatient Setting
CG-DRUG-05	Recombinant Erythropoietin Products
CG-DRUG-07	Hepatitis C Pegylated Interferon Antiviral Therapy (Archived April 5, 2016)
CG-DRUG-08	Enzyme Replacement Therapy for Gaucher Disease
CG-DRUG-09	Immune Globulin Therapy
CG-DRUG-11	Infertility Drugs
CG-DRUG-15	Gonadotropin Releasing Hormone Analogs
CG-DRUG-16	White Blood Cell Growth Factors
CG-DRUG-19	Progesterone Therapy as a Technique to Prevent Preterm Delivery in High-Risk Women
CG-DRUG-20	Enfuviritide (Fuzeon)
CG-DRUG-21	Naltrexone (Vivitrol <sup>®</sup> ) Injections for the Treatment of Alcohol and Opioid Dependence
CG-DRUG-24	Repository Corticotropin Injection (H.P. Acthar <sup>®</sup> Gel)
CG-DRUG-27	Clostridial Collagenase Histolyticum Injection
CG-DRUG-28	Alglucosidase alfa (Lumizyme <sup>®</sup> , Myozyme <sup>®</sup> )
CG-DRUG-29	Hyaluronan Injections
CG-DRUG-30	Oprelvekin (Neumega)
CG-DRUG-33	Palonosetron (Aloxi <sup>®</sup> )
CG-DRUG-34	Docetaxel (Docefrez <sup>™</sup> , Taxotere <sup>®</sup> )
CG-DRUG-38	Pemetrexed Disodium (Alimta <sup>®</sup> )
CG-DRUG-40	Bortezomib (Velcade <sup>®</sup> )
CG-DRUG-41	Zoledronic acid
CG-DRUG-42	Asparagine Specific Enzymes (Asparaginase)
CG-DRUG-43	Natalizumab (Tysabri <sup>®</sup> )
CG-DRUG-44	Pegloticase (Krystexxa <sup>®</sup> )

<b>Guideline number</b>	<b>Clinical UM Guideline name/title</b>
CG-DRUG-45	Octreotide acetate (Sandostatin® and Sandostatin® LAR Depot)
CG-DRUG-46	Fosaprepitant (Emend®)
CG-DRUG-47	Level of Care: Specialty Pharmaceuticals
CG-DRUG-48	Azacitidine (Vidaza®)
CG-DRUG-49	Doxorubicin Hydrochloride Liposome Injection
CG-DRUG-50	Paclitaxel, protein-bound (Abraxane®)
CG-DRUG-51	Romidepsin (Istodax®)
CG-DRUG-52	Temsirolimus (Torisel®)
CG-DRUG-53	Drug Dosage, Frequency and Route of Administration
CG-DRUG-54	Agalsidase beta (Fabrazyme®)
CG-DRUG-55	Elosulfase alfa (Vimizim®)
CG-DRUG-56	Galsulfase (Naglazyme®)
CG-DRUG-57	Idurasufase (Elaprase®)
CG-DRUG-58	Laronidase (Aldurazyme®)
CG-DRUG-59	Testosterone, Injectable
CG-DRUG-60	Gonadotropin Releasing Hormone Analogs for the Treatment of Oncologic Indications
CG-DRUG-61	Gonadotropin Releasing Hormone Analogs for the Treatment of Non-Oncologic Indications
CG-DRUG-62	Fulvestrant (FASLODEX®)
CG-DRUG-63	Levoleucovorin Calcium (Fusilev®)
CG-DRUG-64	FDA-Approved Biosimilar Products
CG-DRUG-82	Prostacyclin Infusion Therapy and Inhalation Therapy for Treatment of Pulmonary Arterial Hypertension
CG-DRUG-83	Growth Hormone
CG-DRUG-84	Belimumab (Benlysta®)
CG-DRUG-85	Tesamorelin (Egrifta®)
CG-DRUG-86	Ocriplasmin (Jetrea®) Intravitreal Injection Treatment
CG-DRUG-87	Vedolizumab (Entyvio®)
CG-DRUG-88	Dupilumab (Dupixent®)
CG-DRUG-89	Implantable and Extended-Release Buprenorphine-Containing Products
CG-DRUG-90	Intravitreal Treatment for Retinal Vascular Conditions
CG-DRUG-91	Intravitreal Corticosteroid Implants
CG-DRUG-92	Alpha-1 Proteinase Inhibitor Therapy
CG-DRUG-93	Sarilumab (Kevzara®)
CG-LAB-09	Drug Testing or Screening in the Context of Substance Use Disorder and Chronic Pain
CG-LAB-13	Skin Nerve Fiber Density Testing
CG-MED-08	Home Enteral Nutrition
CG-MED-21	Anesthesia Services and Moderate ("Conscious") Sedation
CG-MED-22	Neuropsychological Testing
CG-MED-23	Home Health
CG-MED-24	Electromyography and Nerve Conduction Studies
CG-MED-28	Iontophoresis for Medical Indications
CG-MED-32	Ancillary Services for Pregnancy Complications
CG-MED-38	Inpatient admission for Radiation Therapy for Cervical or Thyroid Cancer
CG-MED-42	Maternity Ultrasound in the Outpatient Setting

<b>Guideline number</b>	<b>Clinical UM Guideline name/title</b>
CG-MED-44	Holter Monitors
CG-MED-45	Transrectal Ultrasonography
CG-MED-46	Ambulatory and Inpatient Video Electroencephalography
CG-MED-47	Fundus Photography
CG-MED-48	Scrotal Ultrasound
CG-MED-49	Auditory Brainstem Responses and Evoked Otoacoustic Emissions for Hearing Disorders
CG-MED-50	Visual, Somatosensory and Motor Evoked Potentials
CG-MED-51	Three-Dimensional Rendering of Imaging Studies
CG-MED-52	Allergy Immunotherapy (Subcutaneous)
CG-MED-54	Strapping
CG-MED-55	Level of Care: Advanced Radiologic Imaging
CG-MED-56	Non-Obstetrical Transvaginal Ultrasonography
CG-MED-57	Cardiac Stress Testing with Electrocardiogram
CG-MED-58	Coronary Artery Imaging: Contrast-Enhanced CT Angiography, Fractional Flow Reserve derived from CT, Coronary MRA and Cardiac MRI
CG-MED-69	Inhaled Nitric Oxide
CG-MED-70	Wireless Capsule Endoscopy for Gastrointestinal Imaging and the Patency Capsule
CG-OR-PR-04	Cranial Remodeling Bands and Helmets (Cranial Orthotics)
CG-OR-PR-05	Myoelectric Upper Extremity Prosthesis Devices
CG-REHAB-03	Pulmonary Rehabilitation
CG-REHAB-04	Physical Therapy
CG-REHAB-05	Occupational Therapy
CG-REHAB-06	Speech-Language Pathology Services
CG-REHAB-08	Private Duty Nursing in the Home Setting
CG-REHAB-10	Level of Care: Outpatient Physical Therapy, Occupational Therapy and Speech Language Pathology Services
CG-SURG-03	Blepharoplasty, Blepharoptosis Repair and Brow Lift
CG-SURG-05	Maze Procedure
CG-SURG-08	Sacral Nerve Stimulation as a Treatment of Neurogenic Bladder Secondary to Spinal Cord Injury
CG-SURG-09	Temporomandibular Disorders
CG-SURG-12	Penile Prosthesis Implantation
CG-SURG-18	Septoplasty
CG-SURG-24	Functional Endoscopic Sinus Surgery
CG-SURG-25	Injection Treatment for Morton's Neuroma
CG-SURG-27	Sex Reassignment Surgery
CG-SURG-30	Tonsillectomy with or without Adenoidectomy for Children
CG-SURG-31	Treatment of Keloids and Scar Revision
CG-SURG-32	Pain Management: Cervical, Thoracic and Lumbar Facet Injections
CG-SURG-33	Lumbar Fusion and Lumbar Total Disc Arthroplasty
CG-SURG-36	Adenoidectomy
CG-SURG-38	Lumbar Laminectomy, Hemi-laminectomy, Laminectomy and/or Discectomy
CG-SURG-39	Pain Management: Epidural Steroid Injections
CG-SURG-40	Cataract Removal Surgery for Adults
CG-SURG-41	Surgical Strabismus Correction

<b>Guideline number</b>	<b><i>Clinical UM Guideline name/title</i></b>
CG-SURG-42	Cervical Fusion
CG-SURG-43	Knee Arthroscopy
CG-SURG-44	Coronary Angiography in the Outpatient Setting
CG-SURG-45	Bone Graft Substitutes
CG-SURG-46	Myringotomy and Tympanostomy Tube Insertion
CG-SURG-47	Surgical Interventions for Scoliosis and Spinal Deformity
CG-SURG-48	Elective Percutaneous Coronary Interventions
CG-SURG-49	Endovascular Techniques (Percutaneous or Open Exposure) for Arterial Revascularization of the Lower Extremities
CG-SURG-50	Assistant Surgeons
CG-SURG-51	Outpatient Cystourethroscopy
CG-SURG-52	Level of Care: Hospital-Based Ambulatory Surgical Procedures, including Endoscopic Procedures
CG SURG-53	Elective Total Hip Arthroplasty
CG SURG-54	Elective Total Knee Arthroplasty
CG-SURG-55	Intracardiac Electrophysiological Studies and Catheter Ablation
CG-SURG-56	Diagnostic Fiberoptic Flexible Laryngoscopy
CG-SURG-57	Diagnostic Nasal Endoscopy
CG-SURG-58	Radioactive Seed Localization of Nonpalpable Breast Lesions
CG-SURG-70	Gastric Electrical Stimulation
CG-SURG-71	Reduction Mammoplasty
CG-SURG-72	Endothelial Keratoplasty
CG-SURG-73	Balloon Sinus Ostial Dilation
CG-SURG-74	Total Ankle Replacement
CG-SURG-75	Transanal Endoscopic Microsurgical Excision of Rectal Lesions
CG-THER-RAD-01	Fractionation and Radiation Therapy in the Treatment of Specified Cancers
CG-THER-RAD-02	Special Radiation Physics Consult and Treatment Procedure
CG-THER-RAD-03	Radioimmunotherapy and Somatostatin Receptor Targeted Radiotherapy
CG-THER-RAD-04	Selective Internal Radiation Therapy of Primary or Metastatic Liver Tumors
CG-THER-RAD-07	Intravascular Brachytherapy (Coronary and Non-Coronary)
CG-TRANS-02	Kidney Transplantation