

Clinical Utilization Management Guidelines

The *Clinical Utilization Management (UM) Guidelines* below, which are applicable to Anthem HealthKeepers Plus members, were adopted by the medical operations committee for the Government Business Division effective May 24, 2018. Highlighted sections indicate a new guideline.

To view a full list of guidelines, visit
<https://mediproviders.anthem.com/va/Pages/medical.aspx>.

Guideline number	Clinical UM Guideline name/title
CG-ADMIN-01	<i>Clinical UM Guideline</i> for Prepayment Review Medical Necessity Determinations When No Other <i>Clinical UM Guideline</i> Exists
CG-ADMIN-02	Clinically Equivalent Cost Effective Services — Targeted Immune Modulators
CG-ANC-03	Acupuncture
CG-ANC-04	Ambulance Services: Air and Water
CG-ANC-05	Ambulance Services: Ground; Emergent
CG-ANC-06	Ambulance Services: Ground; Nonemergent
CG-BEH-01	Assessment for Autism Spectrum Disorders and Rett Syndrome
CG-BEH-02	Adaptive Behavioral Treatment for Autism Spectrum Disorder
CG-BEH-03	Psychiatric Disorder Treatment
CG-BEH-04	Substance-Related and Addictive Disorder Treatment
CG-BEH-05	Eating and Feeding Disorder Treatment
CG-BEH-07	Psychological Testing
CG-BEH-09	Assertive Community Treatment
CG-BEH-10	Basic Skills Training/Social Skills Training
CG-BEH-11	Mental Health Support Services
CG-BEH-12	Psychosocial Rehabilitation Services
CG-BEH-13	Targeted Case Management
CG-BEH-14	Intensive In-Home Behavioral Health Services
CG-BEH-15	Activity Therapy for Autism Spectrum Disorders and Rett Syndrome
CG-DME-03	Neuromuscular Stimulation in the Treatment of Muscle Atrophy
CG-DME-04	Electrical Nerve Stimulation, Transcutaneous, Percutaneous
CG-DME-05	Cervical Traction Devices for Home Use
CG-DME-06	Pneumatic Compression Devices for Lymphedema
CG-DME-07	Augmentative and Alternative Communication Devices/Speech-Generating Devices
CG-DME-08	Infant Home Apnea Monitors
CG-DME-09	Continuous Local Delivery of Analgesia to Operative Sites using an Elastomeric Infusion Pump During the Postoperative Period
CG-DME-10	Durable Medical Equipment
CG-DME-12	Home Phototherapy Devices for Neonatal Hyperbilirubinemia
CG-DME-13	Lower Limb Prosthesis
CG-DME-15	Hospital Beds and Accessories
CG-DME-16	Pressure Reducing Support Systems Groups 1, 2 and 3
CG-DME-18	Home Oxygen Therapy
CG-DME-19	Therapeutic Shoes, Inserts or Modifications for Individuals with Diabetes

<https://mediproviders.anthem.com/va>

Guideline number	Clinical UM Guideline name/title
CG-DME-20	Orthopedic Footwear
CG-DME-21	External Infusion Pumps for the Administration of Drugs in the Home or Residential Care Settings
CG-DME-22	Ankle-Foot and Knee-Ankle-Foot Orthotics (Braces)
CG-DME-23	Lifting Devices for Use in the Home
CG-DME-24	Wheeled Mobility Devices: Manual Wheelchairs — Standard, Heavy Duty and Lightweight
CG-DME-25	Seat Lift Mechanisms
CG-DME-26	Back-Up Ventilators in the Home Setting
CG-DME-30	Prothrombin Time Self-Monitoring Devices
CG-DME-31	Wheeled Mobility Devices: Wheelchairs — Powered, Motorized, With or Without Power Seating Systems, and Power Operated Vehicles
CG-DME-33	Wheeled Mobility Devices: Manual Wheelchairs — Ultra Lightweight
CG-DME-34	Wheeled Mobility Devices: Wheelchair Accessories
CG-DME-35	Breastfeeding Pumps
CG-DME-36	Pediatric Gait Trainers
CG-DME-37	Air Conduction Hearing Aids
CG-DME-39	Dynamic Low-Load Prolonged-Duration Stretch
CG-DME-40	Electrical Bone Growth Stimulation
CG-DME-41	Ultraviolet Light Therapy Delivery Devices for Home Use
CG-DME-42	Nonimplantable Insulin Infusion and Blood Glucose Monitoring Devices
CG-DME-43	High Frequency Chest Compression Devices for Airway Clearance
CG-DME-44	Electric Tumor Treatment Field
CG-DRUG-01	Off-Label Drug and Approved Orphan Drug Use
CG-DRUG-03	Beta Interferons and Glatiramer Acetate for Treatment of Multiple Sclerosis
CG-DRUG-04	Use of Low Molecular Weight Heparin Therapy, Fondaparinux (Arixtra®), and Direct Thrombin Inhibitors in the Outpatient Setting
CG-DRUG-05	Recombinant Erythropoietin Products
CG-DRUG-08	Enzyme Replacement Therapy for Gaucher Disease
CG-DRUG-09	Immune Globulin Therapy
CG-DRUG-100	Interferon gamma-1b (Actimmune®)
CG-DRUG-101	Ixabepilone (Ixempra®)
CG-DRUG-102	Olaratumab (Lartruvo™)
CG-DRUG-11	Infertility Drugs
CG-DRUG-14	Dihydroergotamine Mesylate Injection for the Treatment of Migraine or Cluster Headaches in Adults
CG-DRUG-16	White Blood Cell Growth Factors
CG-DRUG-18	Nesiritide (Natrecro®)
CG-DRUG-19	Progesterone Therapy as a Technique to Prevent Preterm Delivery in High-Risk Women
CG-DRUG-20	Enfuvirtide (Fuzeon)
CG-DRUG-21	Naltrexone (Vivitrol®) Injections for the Treatment of Alcohol and Opioid Dependence
CG-DRUG-24	Repository Corticotropin Injection (H.P. Acthar® Gel)
CG-DRUG-25	Intravenous versus Oral Drug Administration in the Outpatient and Home Setting
CG-DRUG-27	Clostridial Collagenase Histolyticum Injection
CG-DRUG-28	Alglucosidase alfa (Lumizyme®, Myozyme®)

Guideline number	Clinical UM Guideline name/title
CG-DRUG-29	Hyaluronan Injections
CG-DRUG-31	Oncology Drug Treatment Regimens for Adults Note: At this time, this guideline is not implemented for medical benefit determinations
CG-DRUG-33	Palonosetron (Aloxi [®])
CG-DRUG-34	Docetaxel (Docefrez [™] , Taxotere [®])
CG-DRUG-38	Pemetrexed Disodium (Alimta [®])
CG-DRUG-40	Bortezomib (Velcade [®])
CG-DRUG-41	Zoledronic acid
CG-DRUG-42	Asparagine Specific Enzymes (Asparaginase)
CG-DRUG-43	Natalizumab (Tysabri [®])
CG-DRUG-44	Pegloticase (Krystexxa [®])
CG-DRUG-45	Octreotide acetate (Sandostatin [®] ; Sandostatin [®] LAR Depot)
CG-DRUG-46	Fosaprepitant (Emend [®])
CG-DRUG-47	Level of Care: Specialty Pharmaceuticals
CG-DRUG-48	Azacitidine (Vidaza [®])
CG-DRUG-49	Doxorubicin Hydrochloride Liposome Injection
CG-DRUG-50	Paclitaxel, protein-bound (Abraxane [®])
CG-DRUG-51	Romidepsin (Istodax [®])
CG-DRUG-52	Temsirolimus (Torisel [®])
CG-DRUG-53	Drug Dosage, Frequency, and Route of Administration
CG-DRUG-54	Agalsidase beta (Fabrazyme [®])
CG-DRUG-55	Elosulfase alfa (Vimizim [®])
CG-DRUG-56	Galsulfase (Naglazyme [®])
CG-DRUG-57	Idurasufase (Elaprase [®])
CG-DRUG-58	Laronidase (Aldurazyme [®])
CG-DRUG-59	Testosterone, Injectable
CG-DRUG-60	Gonadotropin-Releasing Hormone Analogs for the Treatment of Oncologic Indications
CG-DRUG-61	Gonadotropin-Releasing Hormone Analogs for the Treatment of Nononcologic Indications
CG-DRUG-62	Fulvestrant (FASLODEX [®])
CG-DRUG-63	Levoleucovorin Calcium (Fusilev [®])
CG-DRUG-64	FDA-Approved Biosimilar Products
CG-DRUG-65	Tumor Necrosis Factor Antagonists
CG-DRUG-66	Panitumumab (Vectibix [®])
CG-DRUG-67	Cetuximab (Erbix[®])
CG-DRUG-68	Bevacizumab (Avastin [®]) for Non-Ophthalmologic Indications
CG-DRUG-69	Ustekinumab (Stelera [®])
CG-DRUG-70	Eribulin mesylate (Halaven [®])
CG-DRUG-71	Ziv-aflibercept (Zaltrap [®])
CG-DRUG-72	Pertuzumab (Perjeta [®])
CG-DRUG-73	Denosumab (Prolia [®] , Xgeva [®])
CG-DRUG-74	Canakinumab (Ilaris [®])
CG-DRUG-75	Romiplostim (Nplate [®])
CG-DRUG-76	Plerixafor Injection (Mozobil [™])
CG-DRUG-77	Radium Ra 223 Dichloride (Xofigo [®])

Guideline number	Clinical UM Guideline name/title
CG-DRUG-78	Antihemophilic Factors and Clotting Factors
CG-DRUG-79	Siltuximab (Sylvant®)
CG-DRUG-80	Cabazitaxel (Jevtana®)
CG-DRUG-81	Tocilizumab (Actemra®)
CG-DRUG-82	Prostacyclin Infusion Therapy and Inhalation Therapy for Treatment of Pulmonary Arterial Hypertension
CG-DRUG-83	Growth Hormone
CG-DRUG-84	Belimumab (Benlysta®)
CG-DRUG-85	Tesamorelin (Egrifta®)
CG-DRUG-86	Ocriplasmin (Jetrea®) Intravitreal Injection Treatment
CG-DRUG-87	Vedolizumab (Entyvio®)
CG-DRUG-88	Dupilumab (Dupixent®)
CG-DRUG-89	Implantable and Extended-Release Buprenorphine-Containing Products
CG-DRUG-90	Intravitreal Treatment for Retinal Vascular Conditions
CG-DRUG-91	Intravitreal Corticosteroid Implants
CG-DRUG-92	Alpha-1 Proteinase Inhibitor Therapy
CG-DRUG-93	Sarilumab (Kevzara®)
CG-DRUG-94	Rituximab (Rituxan®) for Non-Oncologic Indications
CG-DRUG-95	Belatacept (Nulojix®)
CG-DRUG-96	Ado-trastuzumab emtansine (Kadcyla®)
CG-DRUG-97	Rilonacept (Arcalyst®)
CG-DRUG-98	Bendamustine Hydrochloride
CG-DRUG-99	Elotuzumab (Empliciti™)
CG-DRUG-100	Interferon gamma-1b (Actimmune®)
CG-DRUG-101	Ixabepilone (Ixempra®)
CG-DRUG-102	Olaratumab (Lartruvo™)
CG-GENE-01	Janus Kinase 2 (JAK2)V617F Gene Mutation Assay
CG-GENE-02	Analysis of KRAS Status
CG-GENE-03	BRAF Mutation Analysis
CG-GENE-04	Molecular Marker Evaluation of Thyroid Nodules
CG-LAB-03	Tropism Testing for HIV Management
CG-LAB-09	Drug Testing or Screening in the Context of Substance Use Disorder and Chronic Pain
CG-LAB-10	Zika Virus Testing
CG-LAB-11	Screening for Vitamin D Deficiency in Average-Risk Individuals
CG-LAB-12	Testing for Oral and Esophageal Cancer
CG-LAB-13	Skin Nerve Fiber Density Testing
CG-MED-02	Esophageal pH Monitoring
CG-MED-05	Ketogenic Diet for Treatment of Intractable Seizures
CG-MED-08	Home Enteral Nutrition
CG-MED-19	Custodial Care
CG-MED-21	Anesthesia Services and Moderate ("Conscious") Sedation
CG-MED-22	Neuropsychological Testing
CG-MED-23	Home Health
CG-MED-24	Electromyography and Nerve Conduction Studies
CG-MED-26	Neonatal Levels of Care
CG-MED-28	Iontophoresis for Medical Indications

Guideline number	Clinical UM Guideline name/title
CG-MED-32	Ancillary Services for Pregnancy Complications
CG-MED-34	Monitored Anesthesia Care for Gastrointestinal Endoscopic Procedures
CG-MED-35	Retinal Telescreening Systems
CG-MED-37	Intensive Programs for Pediatric Feeding Disorders
CG-MED-38	Inpatient admission for Radiation Therapy for Cervical or Thyroid Cancer
CG-MED-39	Central (Hip or Spine) Bone Density Measurement and Screening for Vertebral Fractures Using Dual Energy X-Ray Absorptiometry
CG-MED-40	External Ambulatory Event Monitors to Detect Cardiac Arrhythmias
CG-MED-41	Moderate to Deep Anesthesia Services for Dental Surgery in the Facility Setting
CG-MED-42	Maternity Ultrasound in the Outpatient Setting
CG-MED-44	Holter Monitors
CG-MED-45	Transrectal Ultrasonography
CG-MED-46	Ambulatory and Inpatient Video Electroencephalography
CG-MED-47	Fundus Photography
CG-MED-48	Scrotal Ultrasound
CG-MED-49	Auditory Brainstem Responses and Evoked Otoacoustic Emissions for Hearing Disorders
CG-MED-50	Visual, Somatosensory and Motor Evoked Potentials
CG-MED-51	Three-Dimensional Rendering of Imaging Studies
CG-MED-52	Allergy Immunotherapy (Subcutaneous)
CG-MED-54	Strapping
CG-MED-55	Level of Care: Advanced Radiologic Imaging
CG-MED-56	Non-Obstetrical Transvaginal Ultrasonography
CG-MED-57	Cardiac Stress Testing with Electrocardiogram
CG-MED-58	Coronary Artery Imaging: Contrast-Enhanced CT Angiography, Fractional Flow Reserve derived from CT, Coronary MRA and Cardiac MRI
CG-MED-59	Upper Gastrointestinal Endoscopy
CG-MED-61	Preoperative Testing for Low-Risk Invasive Procedures and Surgeries
CG-MED-62	Resting Electrocardiogram Screening in Adults
CG-MED-63	Treatment of Hyperhidrosis
CG-MED-64	Transcatheter Ablation of Arrhythmogenic Foci in the Pulmonary Veins as a Treatment of Atrial Fibrillation or Atrial Flutter (Radiofrequency and Cryoablation)
CG-MED-65	Manipulation Under Anesthesia of the Spine and Joints other than the Knee
CG-MED-66	Cryopreservation of Oocytes or Ovarian Tissue
CG-MED-67	Melanoma Vaccines
CG-MED-68	Therapeutic Apheresis
CG-MED-69	Inhaled Nitric Oxide
CG-MED-70	Wireless Capsule Endoscopy for Gastrointestinal Imagine and the Patency Capsule
CG-MED-71	Wound Care in the Home Setting
CG-MED-72	Hyperthermia for Cancer Therapy
CG-OR-PR-02	Prefabricated and Prophylactic Knee Braces
CG-OR-PR-03	Custom-made Knee Braces
CG-OR-PR-04	Cranial Remodeling Bands and Helmets (Cranial Orthotics)
CG-OR-PR-05	Myoelectric Upper Extremity Prosthesis Devices
CG-OR-PR-06	Spinal Orthoses: Thoracic-Lumber-Sacral, Lumbar-Sacral and Lumber
CG-REHAB-02	Outpatient Cardiac Rehabilitation
CG-REHAB-03	Pulmonary Rehabilitation

Guideline number	Clinical UM Guideline name/title
CG-REHAB-04	Physical Therapy
CG-REHAB-05	Occupational Therapy
CG-REHAB-06	Speech-Language Pathology Services
CG-REHAB-07	Skilled Nursing and Skilled Rehabilitation Services (Outpatient)
CG-REHAB-08	Private Duty Nursing in the Home Setting
CG-REHAB-10	Level of Care: Outpatient Physical Therapy, Occupational Therapy and Speech-Language Pathology Services
CG-SURG-01	Colonoscopy
CG-SURG-03	Blepharoplasty, Blepharoptosis Repair and Brow Lift
CG-SURG-05	Maze Procedure
CG-SURG-07	Vertical Expandable Prosthetic Titanium Rib
CG-SURG-08	Sacral Nerve Stimulation as a Treatment of Neurogenic Bladder Secondary to Spinal Cord Injury
CG-SURG-09	Temporomandibular Disorders
CG-SURG-10	Ambulatory or Outpatient Surgery Center Procedures
CG-SURG-11	Surgical Treatment for Dupuytren's Contracture
CG-SURG-12	Penile Prosthesis Implantation
CG-SURG-15	Endometrial Ablation
CG-SURG-17	Trigger Point Injections
CG-SURG-18	Septoplasty
CG-SURG-24	Functional Endoscopic Sinus Surgery
CG-SURG-25	Injection Treatment for Morton's Neuroma
CG-SURG-27	Sex Reassignment Surgery
CG-SURG-28	Transcatheter Uterine Artery Embolization
CG-SURG-29	Lumbar Discography
CG-SURG-30	Tonsillectomy with or without Adenoidectomy for Children
CG-SURG-31	Treatment of Keloids and Scar Revision
CG-SURG-32	Pain Management: Cervical, Thoracic and Lumbar Facet Injections
CG-SURG-33	Lumbar Fusion and Lumbar Total Disc Arthroplasty
CG-SURG-34	Diagnostic Infertility Surgery
CG-SURG-35	Intracytoplasmic Sperm Injection
CG-SURG-36	Adenoidectomy
CG-SURG-37	Destruction of Pre-Malignant Skin Lesions
CG-SURG-38	Lumbar Laminectomy, Hemi-laminectomy, Laminectomy and/or Discectomy
CG-SURG-39	Pain Management: Epidural Steroid Injections
CG-SURG-40	Cataract Removal Surgery for Adults
CG-SURG-41	Surgical Strabismus Correction
CG-SURG-42	Cervical Fusion
CG-SURG-43	Knee Arthroscopy
CG-SURG-44	Coronary Angiography in the Outpatient Setting
CG-SURG-45	Bone Graft Substitutes
CG-SURG-46	Myringotomy and Tympanostomy Tube Insertion
CG-SURG-47	Surgical Interventions for Scoliosis and Spinal Deformity
CG-SURG-48	Elective Percutaneous Coronary Interventions
CG-SURG-49	Endovascular Techniques (Percutaneous or Open Exposure) for Arterial Revascularization of the Lower Extremities
CG-SURG-50	Assistant Surgeons

Guideline number	Clinical UM Guideline name/title
CG-SURG-51	Outpatient Cystourethroscopy
CG-SURG-52	Level of Care: Hospital-Based Ambulatory Surgical Procedures, including Endoscopic Procedures
CG-SURG-53	Elective Total Hip Arthroplasty
CG-SURG-54	Elective Total Knee Arthroplasty
CG-SURG-55	Intracardiac Electrophysiological Studies and Catheter Ablation
CG-SURG-56	Diagnostic Fiberoptic Flexible Laryngoscopy
CG-SURG-57	Diagnostic Nasal Endoscopy
CG-SURG-58	Radioactive Seed Localization of Nonpalpable Breast Lesions
CG-SURG-59	Vena Cava Filters
CG-SURG-60	Cervical Total Disc Arthroplasty
CG-SURG-61	Cryosurgical Ablation of Solid Tumors Outside the Liver
CG-SURG-62	Radiofrequency Ablation to Treat Tumors Outside the Liver
CG-SURG-63	Cardiac Resynchronization Therapy with or without an Implantable Cardioverter Defibrillator for the Treatment of Heart Failure
CG-SURG-65	Recombinant Human Bone Morphogenetic Protein
CG-SURG-66	Implanted (Epidural and Subcutaneous) Spinal Cord Stimulators
CG-SURG-67	Treatment of Osteochondral Defects
CG-SURG-68	Surgical Treatment of Femoroacetabular Impingement Syndrome
CG-SURG-69	Meniscal Allograft Transplantation of the Knee
CG-SURG-70	Gastric Electrical Stimulation
CG-SURG-71	Reduction Mammoplasty
CG-SURG-72	Endothelial Keratoplasty
CG-SURG-73	Balloon Sinus Ostial Dilatation
CG-SURG-74	Total Ankle Replacement
CG-SURG-75	Transanal Endoscopic Microsurgical Excision of Rectal Lesions
CG-SURG-76	Carotid, Vertebral and Intracranial Artery Stent Placement with or without Angioplasty
CG-SURG-77	Refractive Surgery
CG-SURG-78	Locally Ablative Techniques for Treating Primary and Metastatic Liver Malignancies
CG-SURG-79	Implantable Infusion Pumps
CG-SURG-80	Transcatheter Arterial Chemoembolization and Transcatheter Arterial Embolization for Treating Primary or Metastatic Liver Tumor
CG-THER-RAD-03	Radioimmunotherapy and Somatostatin Receptor Targeted Radiotherapy
CG-THER-RAD-04	Selective Internal Radiation Therapy of Primary or Metastatic Liver Tumors
CG-THER-RAD-07	Intravascular Brachytherapy (Coronary and Non-Coronary)