Patient Utilization Management and Safety (PUMS) program

Objective

HealthKeepers, Inc. is making every effort to ensure that Anthem HealthKeepers Plus members are healthy and safe. We understand that prescription utilization management plays an important role in the safety and wellness of our members. We are working proactively to identify members who meet the Department of Medical Assistance Services’ (DMAS) criteria for enrollment in the Patient Utilization Management and Safety (PUMS) program.

What is the PUMS program?

- A tiered program that monitors members who are using controlled substances. Members in the program will be only able to fill their prescriptions at one pharmacy and may be only able to receive controlled prescriptions from their designated PUMS Provider
- A DMAS requirement for all Medicaid managed care organizations to better manage members who are using controlled substances
- A program designed to keep our members safe from misuse and overdose

What are reasons a member could be locked into the PUMS program?

- Use of multiple pharmacies
- Multiple prescribers
- Complex drug regimen
- Suboxone use

What does it mean if you as the provider are assigned to be the sole prescriber of controlled substances for a member?

- You will be the only one able to prescribe controlled substances
- You will not have to be concerned that the member is having these drugs filled by another prescriber
- You will ensure these members have been prescribed necessary medications when you plan to be out of the office

What are the benefits of the PUMS program?

- The provider knows that the member cannot “doctor shop”
- The member cannot have controlled substances filled at multiple pharmacies
- Going to one pharmacy allows the pharmacist to monitor for dosage limitations and drug/drug interactions

https://mediproviders.anthem.com/va

HealthKeepers, Inc. is an independent licensee of the Blue Cross and Blue Shield Association. ANTHEM is a registered trademark of Anthem Insurance Companies, Inc. The Blue Cross and Blue Shield names and symbols are registered marks of the Blue Cross and Blue Shield Association.