

November is American Diabetes Month

During American Diabetes Month, organizations and providers raise awareness of the prevalence of diabetes and the effects it can have. Organizations and providers — including Anthem HealthKeepers Plus providers — work together to help people become more aware of their risks, make healthy changes and lower their risk of diabetes.

Health.gov has a toolkit on their site that offers several ideas to help organizations and providers get started: <https://health.gov/news/announcements/2018/11/toolkit-american-diabetes-month-3>.

For some ideas on how to help spread the word, visit:
https://healthfinder.gov/NHO/NovemberToolkit.aspx?_ga=2.29143420.1194064825.15704.

In addition to November being American Diabetes Month, it is also Diabetic Eye Disease Month.

If you have any questions about this communication, call Provider Services at **1-800-901-0020** or Anthem CCC Plus Provider Services at **1-855-323-4687**.

<https://mediproviders.anthem.com/va>

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