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Sleep Study Management Program for In Home Sleep Testing (HST)

Effective May 15, 2014, a new Sleep Study Management Program for in Home Sleep Testing (HST) will become available. For Members enrolled in Anthem HealthKeepers Plus, including Medicaid and FAMIS members, who are suspected of having non-complicated Obstructive Sleep Apnea will have the ability to test at home using the AccuSom wireless HST device.

How NovaSom works

HealthKeepers, Inc. selected NovaSom Inc. as our exclusive vendor of home sleep tests and services. NovaSom provides telephonic clinical support, allowing for self-administered sleep studies in your patient's home. This allows for enhanced comfort and test results more reflective of typical sleeping behaviors. All data is wirelessly transmitted from the AccuSom™ sleep testing device to the NovaSom secure portal during the testing process. Data are reviewed by sleep technicians to assure quality, and daily clinical telephonic support is provided to coach the patient throughout the testing process. Once the study is complete, a board-certified sleep physician interprets the study and provides a report with treatment recommendations. The goal is to provide reports within 48 hours of study completion to the ordering physicians.

Treatment

Many members who completed HST and were found to have Obstructive Sleep Apnea may not require Continuous Positive Airway Pressure (CPAP) titration. Members may benefit from Auto-titrating Positive Airway Pressure (APAP) therapy, allowing patients to continue their treatment at home without traditional CPAP titration. Preauthorization for CPAP/APAP will be required through the code: E0601.

Preauthorization for participation

HealthKeepers, Inc. will require preauthorizations for Anthem HealthKeepers Plus members for all sleep studies as well as verification of clinical appropriateness for using a lab versus home setting. Preauthorization for all sleep tests are required for the following codes: 95782, 95783, 95800, 95801, 95806, 95807, 95808, 95810 and 95811. Once a home sleep test is precertified, we will contact NovaSom to set up the home testing and send out the needed equipment to our member. To submit requests for preauthorization call 1-800-901-0200 or fax requests to 1-800-964-3627.

Questions

For any questions regarding the procedure for home testing, call the NovaSom inside sales department at 1-877-753-3776.