

Improving EPSDT screening for members

Education for primary care providers

What is EPSDT?

Early and Periodic Screening, Diagnostic and Treatment (EPSDT) is Medicaid's comprehensive and preventive child health program for individuals under the age of 21.

- **Early** - Identifying problems early, starting at birth
- **Periodic** - Checking children's health at periodic, age-appropriate intervals
- **Screening** - Doing physical, mental, developmental, dental, hearing, vision and other screening tests to detect potential problems
- **Diagnosis** - Performing diagnostic tests to follow up when a risk is identified
- **Treatment** - Treating the problems found

Note: In markets where CommunityConnect HealthPlanSM offers CHIP benefits, the age requirement may vary.

What is EPSDT?

(continued)

Defined by law as part of the Omnibus Budget Reconciliation Act of 1989 (OBRA '89) legislation

Requires states to cover all services within the scope of the federal Medicaid program

Includes periodic screening, vision, dental and hearing services among its requirements

Requires (per Section 1905(r)(5) of the Social Security Act) that any medically necessary health care service listed in Section 1905(a) be provided to an EPSDT recipient even if the service is not available under the state's Medicaid plan to the rest of the Medicaid population

Why is it important?

Focus attention on early prevention and treatment

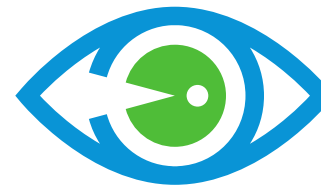
The program consists of two mutually supportive components:

1. Assuring the availability and accessibility of required health care resources
2. Helping Medicaid recipients and their parents or guardians effectively use these resources



EPSDT Benefits

- Screening services
 - Comprehensive health and developmental history
 - Comprehensive unclothed physical exam
- Appropriate immunizations
- Laboratory tests
- Lead toxicity screening
- Health education
- Vision services
- Dental services
- Hearing services
- Other necessary health care



Immunization and periodicity schedules

Anthem Blue Cross and Blue Shield (Anthem) recommends following established guidelines:



- Centers for Disease Control and Prevention Advisory Committee on Immunization Practices immunization schedules www.cdc.gov/vaccines/acip/index.html



- American Academy of Pediatrics (AAP) periodicity schedule brightfutures.aap.org/clinical_practice.html



- American Academy of Pediatric Dentistry (AAPD) www.aapd.org/media/Policies_Guidelines/G_CariesRiskAssessmentChart.pdf



- American Academy of Family Physicians www.aafp.org

Treatment and follow-up care

When a screening service indicates the need for further evaluation and diagnosis, a referral or treatment is required without delay

Evaluation, diagnosis and/or treatment may be provided at the time of the screening visit if the health care professional is qualified to provide the services

Follow-up care can be provided by:

- Primary care providers (e.g., family physicians or pediatricians)
- Specialists (e.g., neurologists, ophthalmologists and audiologists)
- Other health professionals (e.g., dentists, advanced practice nurses, psychologists and nutritionists)
- Community agencies



How to report EPSDT services

Providers must bill Anthem using correct coding guidelines to ensure accurate reporting for EPSDT services

Some states require providers to submit information directly to the state's immunization registries

Enroll in your state's Vaccines for Children program

Anthem regularly exchanges data with state immunization registries and lead registries



Anthem Outreach Program

Preventive health services reminder (annual birthday reminder)

EPSDT overdue service reminder postcard

Provider letters/overdue EPSDT service listing for members

Resources for providers

Provider manual EPSDT provider toolkit

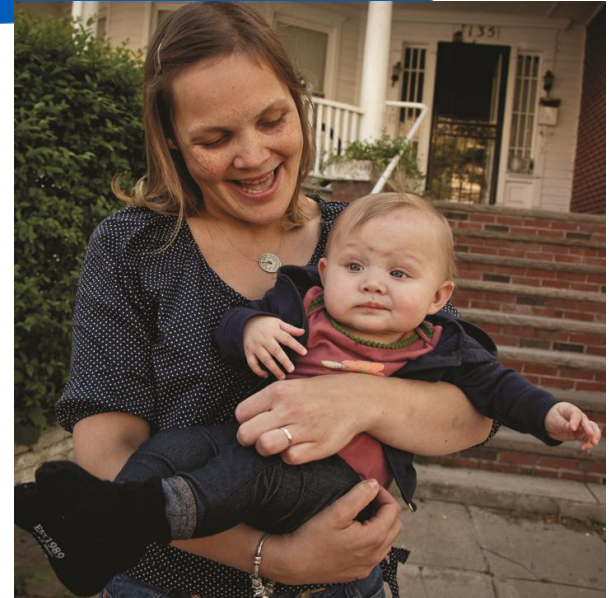
- Not available in all markets
- Distributed to primary care providers and posted on our provider website
- Includes:
 - Guide to services and billing
 - Assessment summary
 - Preventive care resources

Next steps

Refer to HealthCheck state requirements.

Call Provider Services at 1-855-558-1443 or your local Provider Relations representative if you have questions

Complete and submit the Training Verification Form



Thank you for completing the Anthem provider training program for improving EPSTD screening for members.