



June 2017

AIM Specialty Health and radiation oncology, sleep medicine and cardiology services

Effective September 1, 2017, AIM Specialty Health® (AIM) will manage clinical appropriateness review of radiation oncology, sleep medicine and cardiology services for Anthem Blue Cross and Blue Shield (Anthem) members. AIM works with leading insurers to improve health care quality and manage costs for today's most complex and prevalent tests and treatments, helping to promote care that is appropriate, safe and affordable.

You should contact AIM to request review of cardiology, radiation oncology and sleep medicine services.

Resources for your practice

Specialty-specific websites, listed in each subsection below, are available to help you learn more and access valuable information and tools including:

- Order-entry checklists.
- Step-by-step tutorials.
- Clinical guidelines.
- FAQs.

Cardiology

Contact AIM to obtain an order number for the following cardiology services:

- CT/CTA scan (including cardiac)
- MRI/MRA (including cardiac)
- Positron emission tomography (PET) scan (including cardiac)
- Nuclear cardiology
- Stress echocardiography (SE)
- Resting transthoracic echocardiography (TTE)
- Transesophageal echocardiography (TEE)
- Arterial ultrasound
- Cardiac catheterization
- Percutaneous coronary intervention (PCI)

We understand the need for arterial duplex imaging and PCI procedures may not be identified until patients have undergone a physiologic study or cardiac catheterization. For these cases, please contact AIM to request clinical appropriateness review no later than 10 business days after you perform these procedures but before you submit a claim. For all other cases, please contact AIM to obtain authorization before you perform the procedure.

The information in this bulletin may be an update or change to your provider manual. Find the most current manual at:

<https://medproviders.anthem.com/wi>

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Learn more about submitting a cardiology request

Find order-entry checklists, a step-by-step tutorial, clinical guidelines and FAQ at www.aimprovider.com/cardiology.

Radiation oncology

Contact AIM to obtain pre-service review for the following nonemergency, outpatient radiation oncology modalities:

- Brachytherapy
- Intensity modulated radiation therapy (IMRT)
- Proton beam radiation therapy (PBRT)
- Stereotactic radiosurgery (SRS)/stereotactic body radiotherapy (SBRT)
- 3D conformal radiation therapy (3DCRT)/external beam radiotherapy (EBRT) for bone metastases and breast cancer*
- Hypofractionation for bone metastases and breast cancer when requesting EBRT and IMRT
- Special procedures and consultations associated with a treatment plan (CPT codes 77370 and 77470)
- Image-guided radiation therapy (IGRT)

Radiation oncology performed as part of an inpatient admission is not part of the AIM program.

We strongly encourage you to verify an order number is obtained before scheduling and performing services.

* Voluntary notification for 3DCRT/EBRT: Pre-service review is required only for procedures involving bone metastases and breast cancer. Additionally, Anthem requests ordering providers contact AIM to review all other 3DCRT/EBRT requests on a voluntary basis. A clinical review will confirm appropriateness and ensure the ordering physician is aware of alternative treatments where applicable. Once the clinical review is complete, AIM issues an order number. Claims will not be denied as a result of this voluntary process.

Learn more about submitting a radiation oncology request

Find order-entry checklists, a step-by-step tutorial, clinical guidelines and FAQ at www.aimprovider.com/radoncology.

Sleep medicine

Contact AIM to obtain an order number before scheduling or performing any:

- Elective, outpatient home-based (unattended) diagnostic study.
- Facility-based diagnostic or titration study (freestanding or hospital).
- Sleep treatment equipment and related supplies.

The following services are included in the program:

- Home sleep test (HST)
- In-lab sleep study (PSG, MSLT, MWT)
- Titration study

- Initial treatment order (APAP, CPAP, BPAP)
- Ongoing treatment order (APAP, CPAP, BPAP)
- Oral appliances (only for AIM guidelines adoption, non-Anthem)

Services performed in conjunction with emergency room services, inpatient hospitalization or urgent care facilities are excluded. Both ordering physicians (those referring the member for sleep testing) and servicing providers (those freestanding or hospital labs that perform sleep testing) may submit requests.

This program pertains to both new and existing sleep therapy patients.

New clinical guidelines

Effective September 1, 2017, Anthem's sleep management program will follow the *AIM Sleep Disorder Management Diagnosis and Treatment Guidelines*, which can be accessed at www.aimspecialtyhealth.com. These guidelines are developed and revised through a rigorous review process that utilizes a comprehensive assessment of existing guidelines, evidence-based standards and literature, and feedback from the AIM External Physician Specialty Advisory Panel, which includes board-certified physicians from both community and academic practices.

Learn more about submitting a sleep medicine request

Find order-entry checklists, a step-by-step tutorial, clinical guidelines and FAQ at www.aimspecialtyhealth.com/gowebssleep.

***ProviderPortal*_{SM}: the fastest, easiest way to contact AIM**

ProviderPortal offers a convenient way to enter your order requests or check on the status of your previous orders online. Go to <https://www.providerportal.com> to begin; registration is required.

For questions regarding your online order, contact AIM *ProviderPortal* support at **1-800-252-2021**.

Thank you for your participation. We appreciate your continued service to our members — your patients.