

## Updates to AIM Sleep Disorder Management Clinical Appropriateness Guideline

*This communication applies to the Medicaid and Medicare Advantage programs for Anthem Blue Cross and Blue Shield (Anthem).*

Effective for dates of service on and after August 16, 2020, the following updates will apply to the AIM Specialty Health®\* (AIM) *Sleep Disorder Management Clinical Appropriateness Guideline*.

### **Sleep Disorder Management Clinical Appropriateness Guideline updates by section:**

- Bi-Level Positive Airway Pressure (BPAP) Devices:
  - Change in BPAP FiO<sub>2</sub> from 45 to 52 mmHg based on strong evidence and alignment with Medicare requirements for use of BPAP
- Multiple Sleep Latency Testing and/or Maintenance of Wakefulness Testing:
  - Style change for clarity
  - Code changes: none

As a reminder, ordering and servicing providers may submit prior authorization (PA) requests to AIM by:

- Accessing AIM's **ProviderPortals<sup>SM</sup>** directly at [providerportal.com](http://providerportal.com). Online access is available 24/7 to process orders in real time, and is the fastest and most convenient way to request PA.
- Accessing AIM via the **Availity Portal**.\*
- Calling the AIM Contact Center at **1-800-714-0040** from 6 a.m. to 6 p.m. CT.

### **What if I need assistance?**

If you have questions related to AIM guidelines, email AIM at [aim.guidelines@aimspecialtyhealth.com](mailto:aim.guidelines@aimspecialtyhealth.com). Additionally, you may access and download a copy of the current and upcoming guidelines [here](#).

\* AIM Specialty Health is an independent company providing some utilization review services on behalf of Anthem Blue Cross and Blue Shield. Availity, LLC is an independent company providing administrative support services on behalf of Anthem Blue Cross and Blue Shield.